

Health Questionnaire

Patient Information

Height: _____ Weight: _____ Blood Pressure: ____/____

List all prescription, non-prescription medications and supplements you take as well as the associated condition:

List any surgeries or hospitalizations you have had complete with the month and year for each:

List anything you are allergic to: _____

Family History (list all major diseases such as cancer, heart problems, bone diseases and the relation to yourself):

Please list any serious surgeries with dates: _____

Do you exercise? Yes No Hours/week _____ What activity(s)? _____

Do you drink alcoholic beverages? Yes No _____ drinks per day/week/month

Are you dieting? Yes No Since: _____

Do you smoke? Yes No _____ packs per day How many years have you been smoking? _____

Do you wear? Heal lifts Arch supports Prescription Orthotics

For women: Are you pregnant or nursing? Yes No If pregnant, how many weeks? _____

Consent for Treatment

Assignment & Release - By signing below, I authorize Cerniglia Chiropractic to release medical records required by my insurance company(s). I authorize my insurance company(s) to pay benefits directly to Cerniglia Chiropractic and I agree that a reproduced copy of this authorization will be as valid as the original. I understand that I am responsible for any amount not covered by my insurance, or any amount for a patient for which I am the guarantor. I agree that I will be responsible for any collection agency or attorney fees incurred.

I understand that by signing below, I am giving written consent for the use and disclosure of protected health information for treatment, payment, and health care operations. If patient is a minor, by signing I give consent for examination, tests and procedures for the above minor patient.

By signing below, I give my consent for examination and the performance any tests or procedures needed. I understand that, as in all health care, there are some risks to chiropractic treatment which include, but are not limited to: muscle strains, sprains, fractures, dislocations, disc injuries, and strokes.

Signature

_____/_____/_____
Date

Medical History

Describe the reason(s) for your doctor visit today: _____

Are you here because of an accident? _____ What type? _____

When did your symptoms start? _____

How did your symptoms begin? _____

How often do you experience symptoms? (Circle one) Constantly Frequently Occasionally Intermittently

Describe your symptoms? (Circle all that apply) Sharp Dull ache Numbing Burning Tingling Shooting

Are your symptoms? (Circle one) Getting better Staying the same Getting worse

On a scale of one to ten how intense are your symptoms? Not intense ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ Unbearable

What positions or activities **aggravate** your current symptoms? _____

What positions or activities **relieve** your current symptoms? _____

How do your symptoms interfere with your work or normal activities? _____

Have you experienced these symptoms in the past? _____

History of Treatment

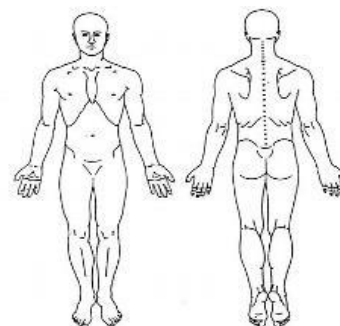
Primary care physician: _____ Phone: _____

Date last seen: _____ May we update them on your condition? ___Yes ___ No

Have you seen another doctor for these symptoms? If yes, indicate name and type of medical provider: _____

Have you seen a chiropractor before? Yes ___ No ___ Who referred you to us? _____

Describe location of problem and draw on diagram.



For the conditions below please indicate if you have had the condition in the past or if you presently have the condition.

Past	Present	Condition	Past	Present	Condition	Past	Present	Condition
<input type="radio"/>	<input type="radio"/>	Abdominal Pain	<input type="radio"/>	<input type="radio"/>	Elbow/upper arm pain	<input type="radio"/>	<input type="radio"/>	Liver/Gall Bladder Disorder
<input type="radio"/>	<input type="radio"/>	Abnormal Weight gain/loss	<input type="radio"/>	<input type="radio"/>	Epilepsy	<input type="radio"/>	<input type="radio"/>	Loss of Bladder Control
<input type="radio"/>	<input type="radio"/>	Allergies Headache	<input type="radio"/>	<input type="radio"/>	Excessive thirst	<input type="radio"/>	<input type="radio"/>	Low back pain
<input type="radio"/>	<input type="radio"/>	Angina	<input type="radio"/>	<input type="radio"/>	Frequent Urination	<input type="radio"/>	<input type="radio"/>	Mid back pain
<input type="radio"/>	<input type="radio"/>	Ankle/foot pain	<input type="radio"/>	<input type="radio"/>	General Fatigue	<input type="radio"/>	<input type="radio"/>	Neck pain
<input type="radio"/>	<input type="radio"/>	Arthritis	<input type="radio"/>	<input type="radio"/>	Hand pain	<input type="radio"/>	<input type="radio"/>	Painful Urination
<input type="radio"/>	<input type="radio"/>	Asthma	<input type="radio"/>	<input type="radio"/>	Heart attack	<input type="radio"/>	<input type="radio"/>	Prostate Problems
<input type="radio"/>	<input type="radio"/>	Bladder Infection	<input type="radio"/>	<input type="radio"/>	Hepatitis	<input type="radio"/>	<input type="radio"/>	Shoulder pain
<input type="radio"/>	<input type="radio"/>	Birth Control Pills	<input type="radio"/>	<input type="radio"/>	High blood pressure	<input type="radio"/>	<input type="radio"/>	Smoking/tobacco Use
<input type="radio"/>	<input type="radio"/>	Cancer	<input type="radio"/>	<input type="radio"/>	Hip/upper leg pain	<input type="radio"/>	<input type="radio"/>	Stroke
<input type="radio"/>	<input type="radio"/>	Chest Pains	<input type="radio"/>	<input type="radio"/>	HIV/AIDS	<input type="radio"/>	<input type="radio"/>	Systematic Lupus
<input type="radio"/>	<input type="radio"/>	Chronic Sinusitis	<input type="radio"/>	<input type="radio"/>	Hormone Therapy	<input type="radio"/>	<input type="radio"/>	Thoracic Outlet Syndrome
<input type="radio"/>	<input type="radio"/>	Depression	<input type="radio"/>	<input type="radio"/>	Jaw pain	<input type="radio"/>	<input type="radio"/>	Tumor
<input type="radio"/>	<input type="radio"/>	Dermatitis/Eczema	<input type="radio"/>	<input type="radio"/>	Joint swelling/stiffness	<input type="radio"/>	<input type="radio"/>	Ulcer
<input type="radio"/>	<input type="radio"/>	Dizziness	<input type="radio"/>	<input type="radio"/>	Kidney Stones	<input type="radio"/>	<input type="radio"/>	Upper back pain
<input type="radio"/>	<input type="radio"/>	Drug/Alcohol Use	<input type="radio"/>	<input type="radio"/>	Knee/lower leg pain	<input type="radio"/>	<input type="radio"/>	Wrist pain

Additional comments you would like the doctor to know: _____

Acknowledgement of Receipt of Notice of Privacy Practices

I, _____ (patient's name) acknowledge that I have received, reviewed, understand and agree to the Notice of Privacy Practices of Cerniglia Chiropractic, which describes the Practice's policies and procedures regarding the use and disclosure of any of my Protected Health Information created, received or maintained by the practice.

Signature

_____/_____/_____
Date

Inherent Risk of Chiropractic Care

The nature of the chiropractic manipulation

The primary treatment used by doctors of chiropractic is spinal manipulation or adjustments. We will use the procedure in your treatment program unless otherwise stated during the review of findings. We will use our hands to manipulate or loosen and reposition the joints of your spine, restoring biomechanics and moving inflammation. Often with this procedure you will hear a popping noise associated with this.

The material risk inherent to chiropractic manipulation

As with any health care procedure, there are certain side effects and/or complications that may arise from chiropractic manipulation. Local soreness and/or stiffness are typical in the early phases of treatment. Complications may include, but are not limited to: aggravation of degenerative or injured spinal discs, rib fractures, ligaments sprains, muscle strains, nerve injury or spinal cord compression. Manipulation of the neck has been associated with injury to the arteries in the cervical spine leading or contributing to stroke.

Probability of those risks occurring

Fractures are rare occurrences and generally results from underlying bone weakness, which we check for during your history, examination and with any x-rays provided. The incidence of spinal fracture or other serious musculoskeletal injury is estimated at 1:4 million treatments. The exact incidence of stroke is uncertain, but it is generally believed to occur in less than one per million treatments. We employ physical tests that are advocated to screen for this risk, but they are generally accepted as being insensitive. All other complications are also generally described as rare.

The availability and nature of other treatments options include:

- ◇ Over the counter medications and rest
- ◇ Medical care which may include anti-inflammatory drugs, muscle relaxants and pain medication
- ◇ Surgery and injections

Material risk inherent to your other treatment options

The common analgesics and anti-inflammatory drugs prescribed have been shown to cause damage to the stomach and intestines, and possibly to the kidneys. Approximately 1 in 150 patients taking anti-inflammatory drugs for extended periods of time require hospitalization for stomach ulceration. There are about 16,500 deaths in the US each year from these complications which is more common than deaths from either Hodgkin's disease or cervical cancer. The risks are similar for both prescription anti-inflammatories as over-the-counter medications.

Spine surgery may be a consideration for some cases. It, however, is reserved for those cases where extensive conservative treatment has been tried. Spinal surgery is associated with minor complication rates of between 9 per 100 and 15 per 100 cases depending on the area of spinal involvement. More serious complications of the nervous system may occur in 1 per 400 cases and death has been reported in approximately 1 per 1500 cases.

While spinal manipulation is associated with complications in a small number of cases, it has a complication rate of several thousand times less than other typical treatment options.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE

I have read or have had read to me the above explanation of chiropractic manipulation or adjustment and related treatment. I have discussed it with the doctor and have had my questions answered to my satisfaction. By signing below, I state that I have weighted the risks involved in undergoing treatment and have myself decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Printed Name

Witness Name

Signature

Witness Signature

_____/_____/_____
Date

COVID-19 Screening Form

Please mark next to each statement to demonstrating understanding of the following:

_____ I confirm that I am not currently presenting any of the following symptoms of COVID-19 listed below:

- Temperature above 99.0 F
- Shortness of breath
- Loss of sense of smell or taste
- Dry cough
- Sore throat

_____ I confirm that I have not had any of the above symptoms nor have been in close contact with anyone presenting these symptoms during the last 14 days. If I have any of the above symptoms, come in contact with anyone presenting with these symptoms, or come in contact with anyone who tests positive for COVID-19 during the time that I am under care at Cerniglia Chiropractic, I will make the office aware before appearing for my appointment.

_____ I understand that close contact with people increases the risk of infection from COVID-19. By signing this form, I acknowledge that I am aware of the risks involved and knowingly and willingly give consent to receive chiropractic care.

_____ I understand that my name and contact information might be shared with the state health department in the event that a patient or practitioner at this facility tests positive for COVID-19. My contact details will only be shared in circumstances in which they are relevant based on suspected exposure date, and only for appropriate follow-ups by the health department.

Printed Name _____

Signature _____

Date ____ / ____ / _____